### **mmpc**<sup>®</sup> Michigan Medical, P.C.

"Putting Patients First"

#### NOTICE OF PRIVACY PRACTICES Effective Date: April 14, 2003

# THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED BY MICHIGAN MEDICAL, P.C. ("MMPC") AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.

#### USING AND DISCLOSING YOUR HEALTH INFORMATION

Each time you visit MMPC, a record of your visit and the care provided to you during that visit is made. Typically, this record contains information regarding your health history, symptoms, examinations and tests performed including the results of those tests, any diagnoses or treatment and any plan for future care or follow-up with respect to your condition or treatment. Some of this information may be collected from other health care providers. This information is often referred to as your health or medical record. When we create a record or collect this type of health information about you, we use it for current and future treatment purposes, to obtain payment for treatment provided to you, for administrative and operational purposes, and to evaluate the quality of the care provided to you. Specifically, we may also use or disclose certain identifiable health information about you, without your authorization for other reasons such as:

A means of communication with other health professionals who contribute to or participate in your care while you are our patient, including doctors, nurses, technicians, medical students, medical residents or interns and other clinical personnel involved in taking care of you, as well as people outside of our organization who may be involved in your medical care after you leave our facilities. For example, we may need to disclose information about whether you have diabetes to a doctor treating you for a broken bone or an infection because diabetes can slow the healing process;

A means for preparing documentation relating to your treatment that we are required by law to maintain;

A means by which you or a third party payor can verify services provided to you so that we may bill for or receive future payment from you, an insurance company or other third party payor, or person responsible for paying for any of your care. For example, we may need to give your health plan information about treatment you received so the plan will pay us for the care we provided;

A source of data in our daily operations as a health care provider. For example, we may need to use your health information and record as a tool in educating and assessing the competency of doctors, nurses and technicians who provide care here;

A source of data for contacting you and reminding you of appointments for treatment or care;

- A source of data for advising you of possible treatment options or alternatives and other health-related benefits or services that may be of interest to you;
- A source of information for public health officials charged with improving the health of our city, state and nation, or responsible for averting a serious threat to health or safety of you, another person or the public;
- A tool used to assess and continually work toward improving the overall quality of care we render and the outcomes we achieve;

- Information required to be disclosed by federal, state or local law;
- A source of data for organizations that handle organ procurement, transplant or donation as necessary to facilitate appropriate donation and transplant in the event you are an organ donor;
- For members of domestic or foreign armed forces, to comply with the requirements of domestic or foreign military command authorities;
- A source of data and information for health oversight agencies in connection with legally authorized activities related to the investigation, inspection and licensure of health care providers; and/or
- A source of data and information in connection with a legal dispute or lawsuit in which you are involved, in response to a court or administrative order, subpoena or other discovery request, as permitted by law.

We routinely provide patient health information when otherwise required by law, such as when law enforcement officials are entitled to such information in specific circumstances. In many other instances, we will ask for written authorization before using or disclosing any identifiable health information about you. If we request one and you choose to sign an authorization to disclose your protected health information, you can later revoke that authorization to stop future uses and disclosures of that information without your consent.

We may change our policies or practices regarding the use of your health information from time to time. Before we make a significant change in our policies or practices, we will change our notice and post the new notice in waiting areas and on our web site at **www.mmpc.com**. You have a right to a written copy of and can always request a copy of our current notice at any time. For more information about our privacy practices and policies, please contact the individual and office listed below.

## SPECIAL NOTICE ABOUT APPOINTMENT AND PATIENT RECALL REMINDERS

We may use and disclose medical information to contact you as a reminder that you have an appointment for medical care or that you are due to receive periodic care. This contact may be by phone, in writing, by e-mail or otherwise and may involve unsecure e-mail accessible to others in your home or a message on an answering machine which could be picked up by others.

#### SPECIAL NOTICE ABOUT RELEASE OF MEDICAL RECORDS

When an appropriately executed authorization is received requesting release or disclosure of a patient's entire medical record (including any and all records, even those generated by another provider), all records will be released unless the record itself specifies that it should not be released and unless a record includes information regarding mental health, substance abuse, HIV or AIDS treatment and the authorization does not specifically authorize release of such information.

#### SPECIAL NOTICE TO OUR OB/GYN PATIENTS

In order to provide proper medical treatment, our Ob/Gyn providers will give personal health information, including medical history information and test and lab results information, of all pregnant patients directly to the birthing hospital, the baby's pediatrician and other specialists for the baby's care. The hospital, the pediatrician and any other needed specialist may make this information part of the baby's medical record. Transfer of this information will help hospital staff, the pediatrician and any other needed specialist appropriately care for and treat a newborn baby.

#### MMPC DOCUMENT RETENTION POLICY

Pursuant to the MMPC Document Retention Policy, medical records may generally be destroyed 10 years from the last date of service (3 years for deceased patients). Exceptions are made for medical records of minors and incompetent persons and medical records of obstetrical patients or patients involved in medical research.

#### YOUR HEALTH INFORMATION RIGHTS

Although your health record is the physical property of MMPC, the information contained within your health record belongs to you. You have a right to request the restriction of certain uses and disclosures of your information. You also have the right to amend and request changes in the information contained within your health record and to obtain an accounting of disclosures of your health information when such disclosures are made for reasons other than treatment, payment or related administrative or operating purposes as described above. Any request to amend your record must be made in writing and we may deny your request if it:

- is not in writing;
- does not include a reason to support the request;
- was created by another health care provider;
- is not part of the health information kept by or for our organization;
- is not part of the health information you would be permitted to inspect or copy; or
- is accurate and complete as is.

Any request for an accounting of disclosures of your information must be in writing, can be for a time period no longer than six years and may not include a period prior to April 14, 2003. The first disclosure list you request within a 12 month period is free. For any additional request, we may charge you for the cost of providing the list.

You may request, in writing, that we not use or disclose your information for treatment, payment or healthcare operations except when specifically authorized by you, when required by law, or in

emergency circumstances. We will consider your request, but you should be aware that we are not legally required to accept it and will, given the complexity of multiple methods of dealing with information, most likely elect not to treat you or to disregard it in an emergency situation. You have the right, with limited exceptions, to inspect and obtain a copy of your health record. Usually, this includes medical and billing records, but may not include records such as psychotherapy notes.

If you request copies of your health records, the request must be in writing and we will charge you a fee per page, payable in advance. This fee is directly attributable to the actual administrative and copying charges associated with meeting your request and may be changed by MMPC from time to time. If your request for copies of your health record is, in your opinion, an emergency, please let us know as we do not intend to deny you access to your health records or information in an emergency circumstance and will work with you to meet these emergency needs.

You also have the right to request that we communicate with you about medical matters in certain ways or at certain locations. Again, this request should be in writing and should be specific as to how and where you wish to be contacted. We do not need to know the reasons for your request. We must accommodate such a request if it is reasonable.

#### YOUR COMPLAINTS

We are required by law to maintain the privacy of your health information, provide you with this notice of our legal duties and privacy practices, and to abide by the terms of this notice.

If you are concerned that we have violated your privacy rights or our own policies as summarized in this notice, or if you disagree with a decision we made about access to your records, you may contact the person listed below. You may also send a written complaint to the United States Department of Health & Human Services. The person and office listed below can provide you with the appropriate address upon request. You will not suffer any retaliation for filing a complaint.

#### OUR RESPONSIBILITIES

We are required by law to protect the privacy of your information and to provide you with this notice about our information practices. We are also required to abide by the terms of this notice and to notify you if we are unable to agree to a requested restriction you have made relative to the use or disclosure of your information.

If you have any questions regarding this notice, our use or disclosure of your health information or wish to file a complaint regarding our use or disclosure of your health information, please contact the MMPC Privacy Officer at (616) 974-4889.